

PLENTY

Winter 2023

MEMBER OF
**FEEDING
AMERICA**

food gatherers
fighting hunger where we live

New Year, New Healthy You?

Eating a healthier diet is among the most common resolutions as the calendar turns to January. At Food Gatherers, fighting hunger means more than filling our neighbors' plates. Year-round, we are committed to making sure they are not just fed, but nourished with fresh, healthy food.



Shaira Daya is the Nutrition Projects Manager at Food Gatherers helping implement the new HER nutrition system.

We prioritize distributing vegetables, fruits, lean meats, low-fat dairy products, and whole grains through our network of 170 hunger-relief partners. **In September 2021, Food Gatherers received a grant award from Partnership for a Healthier America to implement a comprehensive nutrition ranking system over a two-year period using the Healthy Eating Research (HER) Nutrition Guidelines.**

Last year, we applied the nutrition values to 94% of the total pounds of food that came through our warehouse. More than 50% of our total pounds received a rank of "green" or "choose often", indicating that the food is supportive of good health.

"We recognize the relationship between food insecurity and poor health," says Shaira Daya, Nutrition Projects

Manager at Food Gatherers. "We adopted a Nutrition Policy in 2019 and the new **HER ranking system** enables us to track our inventory in real-time to ensure we are living up to our high standards".

Access to health-affirming, nutritious food is critical to reducing the risk of chronic diseases including obesity, type 2 diabetes, hypertension, and heart disease.

At Avalon Housing — a member of Food Gatherers' hunger-relief network providing permanently affordable, supportive housing — residents feel the impact of nutritious food deliveries.

“ An older resident with diabetes and other medical needs began using our food pantry as soon as he moved in with us. Since then, he regularly comes to staff to discuss the 'beautiful and delicious meals' he is preparing with the food he was able to obtain through Food Gatherers.

He has identified a decrease in medical events since moving in and frequently talks about how he is eating better every day.

Scott Maurmann
Adult Services Team Lead
Avalon Housing



"When someone picks up food from their local pantry, they are getting more than a full cupboard. It's good health," says Shaira. "By prioritizing healthful food, we can help build long-lasting, sustainable change for a healthier future for our neighbors in Washtenaw County."

Learn more about Food Gatherers' commitment to distributing good food on our "How It Works" webpage.

Inside this report:



Distribution facts



Revenue and expenses



Direct services



And more...

Food Gatherers Annual Report

Fiscal Year 2022: July 1, 2021 – June 30, 2022

We are excited to share the impact of our community's incredible commitment to alleviating hunger and eliminating its causes. In fiscal year 2022, with the support of generous friends like you, Food Gatherers and our network of 170 hunger-relief partners provided **6 million meals** to our neighbors facing food insecurity.



More than half of the food we distributed was **donated (51%)** through individual donors, food drives, farms and gardens, restaurants, and our retail food rescue program. We also received food through **federal resources (33%)** and leveraged our financial power to **purchase food in bulk (16%)**.

Referrals and Outreach

More than **29,000 visits** to our Find Food webpage.
11,260 Find Food flyers distributed in six languages.
 Staff answered **350 Find Food calls**, connecting neighbors with the best services for them.

Working Together

More than **2,582 volunteers** donated **44,002.5 hours of service** to inspect, sort, prepare, and distribute groceries and meals.



Program Impact

Counting every person in every household, each time they received services, **we served 830,000 people** – enough to fill U-M Stadium more than seven times!

Food Gatherers Community Kitchen served **61,836 plates of food**.

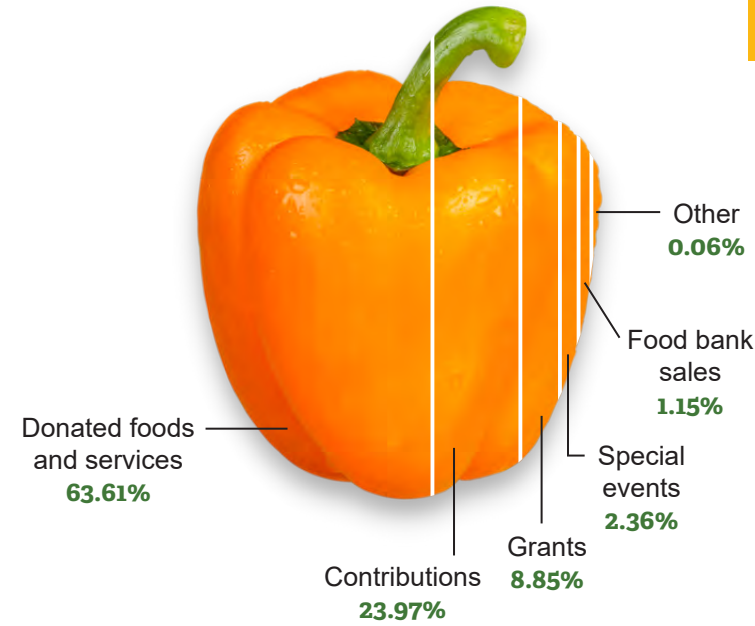


The Healthy School Pantry Program distributed **108,400 pounds** of fresh produce and groceries to 300 families per month at 12 schools.

The Summer Food Service Program (2021) served **55,520 meals and snacks** to 931 children at 22 sites.

Revenue

Total revenue: \$17,670,705



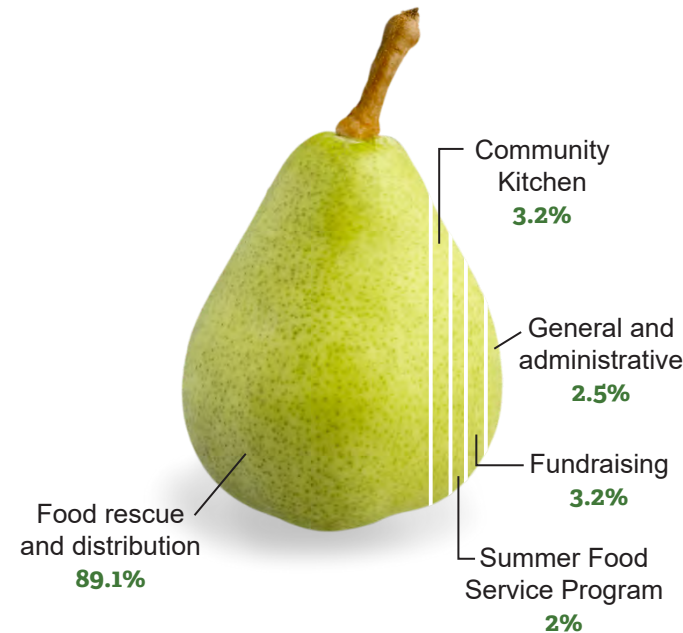
Donated foods and services	\$11,603,410
Contributions	\$4,373,109
Grants	\$1,613,735
Special events	\$431,343

Other revenue

Food bank sales	\$209,377
Investment income	(\$570,802)
Other	\$10,533

Expenses

Total expenses: \$17,562,913



Program services

Food rescue and distribution	\$15,653,708
Community Kitchen	\$565,086
Summer Food Service Program	\$352,368

Core mission support

Fundraising	\$561,466
General and administrative	\$430,285

Board of Directors

Simon Whitelocke, Chair, Vice President, ITC Holdings Corporation

Frank Carollo, Vice Chair, Managing Partner (Retired), Zingerman's Bakehouse

Christopher Tressler, Treasurer, Senior Director of Tax and Asset Accounting, Wacker Chemical Corporation

Jim Lee, Secretary, Altarum Fellow, Altarum Institute

Eileen Spring, President/CEO, Food Gatherers

Susan Aaronson, Lecturer/Director of Dietetics Program, Department of Nutritional Sciences, University of Michigan School of Public Health

Gary Bruder, Attorney, Bruder PLC

Tony Denton, Senior Vice President and Chief Operating Officer, University of Michigan Health System

Nell Dority, Chief of Staff, Vice President for Government Relations, University of Michigan

Mary Kerr, President & CEO, Destination Ann Arbor

Jackie Lapinski, Vice President Performance Excellence, Trinity Health Michigan

Cindy Leung, Assistant Professor, Department of Nutritional Sciences, University of Michigan School of Public Health

Veretta Nix, Human Resources Director, Zingerman's Community of Businesses

Carla O'Connor, Arthur F Thurnau Professor, University of Michigan School of Education; Director, University of Michigan Wolverine Pathways

David Rhoades, Vice President, Digital Operations, Dawn Foods

Honoring our Partners



Howard and Jeanette Pettygrue.

In January, Food Gatherers nominated Howard and Jeanette Pettygrue for the Beacon of Light Award.

Howard and Jeanette have run the Word of Deliverance pantry

faithfully for years. They have gone above and beyond by delivering groceries to neighbors who can't come to them and have even purchased other items the family may need. Howard and Jeanette have helped people displaced by fire, domestic violence survivors, people discharged from the hospital with no plan in place for food, and many others in crisis.

When Food Gatherers calls on behalf of someone in need, they always say "just tell us when and where, and we'll be there". We are in awe of their responsiveness and compassionate care for our community!

Reaching Rural Communities

We recently secured an \$85,000 TEFAP Reach and Resiliency Grant on behalf of our partner agencies Aid in Milan and the Manchester Community



Executive directors and staff from Aid in Milan and Manchester Community Resource Center with the newly purchased van.

Resource Center. Both serve areas in the county where residents do not have access to public transportation.

By helping our partners extend homebound delivery and pop-up distributions, we will increase food access for rural communities. Aid in Milan used the funding to purchase a delivery van to expand services in the Milan and Manchester area.

"We believe that access to fresh and healthy food is for everyone, whether they can drive to us or not and the grant will allow us to expand our food pantry programs further into the community." - Aid in Milan

Upcoming Events

Rotary Fights Child Hunger

March 6-17, 2023

Annual food and fund drive hosted by local Rotary clubs.

To learn more visit FoodGatherers.org/Rotary.

Stamp Out Hunger

Saturday, May 13, 2023

The nation's largest one-day food drive is sponsored by the National Association of Letter Carriers. Look for details in your mailbox!



Food Gatherers is committed to sound fiscal management, accountability, and transparency. For the 18th year in a row, Food Gatherers received a four-star rating from Charity Navigator, putting us in the top 1% of charities nationwide. We also earned the Platinum Seal of Transparency from GuideStar. You can view all our annual reports, 990 forms, and audited financial statements on our website.



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