



## Most Needed Food Items

Food Gatherers appreciates all types of non-perishable food donations, however, we have the most requests from our partner agencies for the following items. For donation hours and instructions, please visit our website: [www.foodgatherers.org](http://www.foodgatherers.org).

### Non-perishable food

- Hearty soups (beef stew, chili, etc.)
- Canned meats (tuna fish, chicken, etc.)
- Canned vegetables
- Packaged pasta & rice
- Whole grain cereal & oatmeal
- Baking & cooking supplies (flour, sugar, oil, etc.)
- Condiments
- Nut butters or jelly
- Kid-friendly snacks (granola bars, goldfish, etc.)
- Baby food & formula
- Ensure & other nutritional supplement drinks

### Personal care items

- Baby items (diapers, wipes, etc.)
- Soap & shampoo
- Toothpaste & toothbrushes
- Disposable razors

#### *Please note:*

*Food Gatherers prefers low/no sodium canned food and food made from whole grains.*

*We cannot accept opened containers and expired products. Please avoid items with glass packaging.*