

JULY 2024: LUNCH MENU

ALL MEALS COME WITH CHOICE OF MILK						
MON	TUE	WED	THU	FRI	SAT	SUN
1 • Spaghetti w/meat sauce* • Broccoli - local • Peaches	 PAMILY STYLE Nachos Celery sticks w/ranch Apple 	Mexican shredded chicken taquitos Corn/cantaloupe	4 CLOSED	5 CLOSED	6	7
8 • Turkey grilled cheese* • Veggie Cup** • Apples - local	Chicken sub w/cheese * Celery sticks w/ranch Mixed fruit cup**	10 • Cheeseburgers* • Baby carrots w/ranch • Watermelon	11MuffinsYogurt/cheese stick100% fruit juiceOrange	12Baked ziti*Green beanslocalApplesauce	13	14
 15 BBQ turkey meatballs Brown rice Snap peas -local Peaches 	16 • Meat & cheese lunchables • Veggie cup** • Blueberries	17Enchilada BakeGreen beans- localMelon cup	18Yogurt parfait w/fruitGranolaOrange	 19 Turkey taco pasta* Carrot/celery sticks w/ranch Applesauce 	20	21
22 Sweet n sour chicken Brown rice Green beans-local Mixed Fruit Cup***	23Turkey & cheese pinwheel*Veggie cup**Nectarine	 24 French toast casserole* Yogurt Strawberries 100% Fruit juice 	25Salad w/chicken & croutonsCementine	26 • Baked chicken alfredo* • Baby carrots w/ranch • Apples-local	27	28
29BBQ chickenBaked beansCornBlueberries	 30 Chicken ranch wrap* Celery/carrot sticks w/ranch Grapes 	 31 Chicken fried rice Baby carrots w/ranch Watermelon 	*Whole grain pasta or bread	** Veggie cup may include grape tomatoes, celery sticks, cucumber, and carrots	*** Mixed fruit cup may include watermelon, pineapple, apples, mixed berries and peaches	food gatherers fighting hunger where we live